



# Waiver

**First Name:**

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**Family (Last) Name:**

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**Nationality:**

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**Date of Birth (DD.MM.YYYY):**

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**E-Mail-Address (optional):**

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(1) I hereby acknowledge and assume all the risks of participating in "IUTA"- & "3Athlon" ("Triatlon Vlaanderen") sanctioned event(s). I acknowledge running, bicycling, swimming and/or other portions of the sanctioned event(s) are inherently dangerous and are an extreme test of my physical and mental limits that carries with them the potential for serious bodily injury, permanent disability and death, as well as property damage. I acknowledge and agree that it is my responsibility to determine whether I am sufficiently fit and healthy enough to safely participate in said sanctioned event(s). I attest and certify that I am or will be sufficiently fit and physically trained to participate in the sanctioned event(s). I certify that I have not been advised against participation in the present sanctioned event(s) by any healthcare provider. I have no physical or medical condition that would endanger myself or others if I participate in the sanctioned event(s) or would interfere with my ability to safely participate in that event(s).

(2) I accept responsibility for the condition and adequacy of my competition equipment and my conduct in "IUTA"- & "3Athlon" ("Triatlon Vlaanderen") sanctioned event(s).

(3) I am sufficiently & adequately insured. I am holding a third-party insurance that covers all damages that I may cause to other persons or/and objects during my participation in a competition. I declare that I have health insurance that is also valid in the country of the racing locations.

(4) I permanently waive, release and discharge the Organisator (iZuro BV) from any and all claims, liabilities of every kind, demands, damages (including direct, indirect, incidental, special and/or consequential), losses (economic and non-economic), and causes of action, of any kind or any nature, which I have or may have in the future, including court costs, attorneys' fees and litigation expenses (individually and collectively), the "claims" that may arise out of, result from, or relate to my participation in the sanctioned event(s) or my travelling to or from this event(s), including light negligence, property damage and damages of any kind, property theft, and claims relating to the provision of first aid, medical care, medical treatment, or medical decisions (at the event's site or elsewhere), and any claims for medical or hospital expenses, even if such claims are caused by light negligent acts, omissions, or the carelessness of the released persons. The aforementioned exclusion



of liability does not apply to damages caused by willful misconduct and gross negligence of one or more "IUTA" or other committee members.

(5) I further covenant and agree not to sue any of the released parties for any of the claims that I have waived, released, or discharged herein. I confirm to indemnify, defend, and hold harmless the released parties from any and all expenses incurred, claims made by me or other individuals or entities, for liabilities assessed against the released parties, including but not limited to court costs, attorneys' fees and litigation expenses, arising out of or resulting from, directly or indirectly, in whole or in part, my breach or failure to abide by any part of this agreement, my breach or failure to abide by any of the race sanctioning "IUTA"'s, "3Athlon's" and "iZuro's" competitive rules and/or my actions or inactions which cause injury or damage to any other person.

(6) I hereby grant the Organisor the right, permission and authority to store and process my personal data electronically and that the Organisor may use my personal data (first and last name, year of birth, nationality and results) in publications such as their website or on social media platforms without any restriction.

(7) I hereby grant the Organisor the right, permission and authority to use my name, image, voice, and/or likeness, without compensation, captured during aforementioned sanctioned event(s) or related event(s), its affiliated entities or contractors, and/or the media in any photographs, videotapes, CDs, DVDs, broadcast, telecast, podcast, webcast, recordings, motion pictures, commercial advertisement, promotion materials, and/or any other record of this event for any purpose whatsoever.

(8) I have read and understand these rules in its entirety and will fully respect them. I am aware that by not respecting these rules in its entirety the event Organisor or any of its officials and/or representatives can pull me out of the race at any time.

(9) I declare that I am not competing under the influence of any illegal or banned substances, determined by "WADA" and that I accept the "IUTA" anti-doping regulations in its entirety and the "WADA" anti-doping regulations in its entirety.

**Important for "NADO" / "WADA":**

(10) I declare that there are no illegal technologies on my bike, such as drive engines etc.

(11) I fully respect the "IUTA", "Triathlon Vlaanderen" & "iZuro" constitution.

(12) I agree that the Organisor contacts me by post and/or e-mail.

(13) I hereby affirm that I will be eighteen (18) years of age or older at the day of the start of the event, my personal details are true, I have read this document, I understand its content and intentionally as well as voluntarily sign it.

..... (NAME)

..... (DATE)

..... (SIGNATURE)